

## Baby Interests Alt Hypno Script (Baby Programming)

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### Description

This file makes baby toddler toys and activities more fun, but also makes *grown up* stuff boring. You find yourself losing interest in non-baby programming. You just want to watch baby shows, play with baby toys, or read baby books - if you can even read. Your brain just doesn't have any room for big-kid entertainment anymore. Sucking your toes, and watching the colorful characters on the screen is much more your speed as you learn to turn on your baby programming.

### Intro

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

Hello there. Welcome back. You are listening to another erotic hypnosis file. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

The fact that you have chosen to listen to this file means that you are ready to be hypnotized, listen to my words, and accept all that you hear. The fact that you are listening to my words means that you want to **turn on your baby programming** and enjoy baby interests. The longer you listen and the more often you listen, the more easily you can make this change.

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the tape and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

### Induction

And now, I want you to just relax. Yes, relax. And I'd like you to imagine a television. You don't have to close your eyes yet, but just imagine a television. This television has

30 channels. In a moment, I am going to count to 30. One number for every channel. Every time I count out a number, you're going to close your eyes and change the channel, then open them again. For example, when I say one you will close your eyes then open them. Did you blink? Let's try that together. One. Close your eyes, then open them. Very good. And as I count up from one, you can close your eyes and change the channel again. And as you do, you can allow your eyelids to get heavier and heavier each time you close your eyes. finding it harder and harder to open your eyes with each successive number, until it is just too difficult to open them again, or until you simply don't want to. When that happens, you can allow yourself to fall into a nice deep trance as you focus on my words, deeper and deeper as I continue to count to 30, where you will be in a nice deep trance, even more ready to listen to my words and accept all that you hear.

[read the following together and separate]

Here we go. One. Close your eyes. And open your eyes. Two. Three. Four. Five. And you may notice... Six. that the channels are becoming.... Seven. a little more juvenile... Eight. A little more babyish.... Nine. each time... Ten. you turn the channel... Eleven. grabbing more and more... Twelve. of your attention... Thirteen. until you find... Fourteen. It's easier and easier... Fifteen. to keep your eyes closed... Sixteen. and keep watching... Seventeen. harder and harder... Eighteen. to open your eyes again... Nineteen. Until finally... Twenty. we will reach channel 30.... Twenty-one. The baby programming channel... Twenty-two. and when you reach that channel... Twenty-three. you will find yourself... Twenty-four. nice and relaxed... Twenty-five. in a nice deep trance... Twenty-six. very good... Twenty-seven. deeper and deeper... Twenty-eight. very good... Twenty-nine. deeper and deeper... Thirty. Nice and relaxed, in a nice deep trance.

## Trigger

Whenever you hear me say **turn on your baby programming**, you can go into trance quickly and easily and enter a state of mind where you find baby things more fun... That's right, whenever you hear me say **turn on your baby programming**, you can go into trance quickly and easily and enter a state of mind where you find baby things more fun... Once again whenever you hear me say **turn on your baby programming**, you can go into trance quickly and easily and enter a state of mind where you find baby things more fun...

## Deepener

Very good. You're doing so well. Now, I'm going to ask you to open your eyes one last time and then go back down. And it may be difficult to open those eyes, but when I ask

you to open them, you'll find that you are able to. And when I ask you to close them again, you can close them, and when you do, you can feel a wave of relaxation wash over you, taking you easily back down to where you were before, or even deeper... more focused... more ready to listen to my words and accept all that you hear.... On the count of three... one two three opening your eyes.... And closing them again, feeling that nice wave of relaxation, going down as deep or deeper than you were before, noticing how good that feels... and again on the count of three one two three eyes open now, and close your eyes... good....feeling even more relaxed as you go back into a nice.... deep... trance...

Very good... you are doing so good at listening to my words... and you can smile a little bit knowing that you're already doing such a good job as you follow along, listen to my words, and accept all that you hear... very good.

And now, I'd like you to imagine...

## **Body**

...you are at home, or a place that feels like home... you're bored, you have nothing you have to do today. You're free. But you're just so bored. What do you think you'll do?

Some people like to read... and you can *try* to read... but if you do, you find that... paper books are boring... or confusing... you might even have a hard time reading the letters... and you think... well, it would just be a lot more fun if there were pictures... those plastic or cardboard picture books are much more fun. You drop the book, dropping deeper into trance as you do so... deeper and deeper as you search deeper for something to do...

Some people like to play video games. Those don't require any reading, and they have a lot of pretty pictures... and you could *try* to play a game on your console or computer... but you may find that once again, there are still *some* words... and there are rules... and... with all those words and rules and trying to move around on the screen, it's just so difficult and confusing and... well... boring... you know there are websites with games for kids that are much more fun and easy to play, so you set down the controller going down, down, down, deeper into trance... deep and relaxed... very good...

And you think that maybe games and books are just too active... too much *thinking*... and you're free today... do you really want to think? No. What you want to do is relax... let someone else do the thinking for you... and you think about how nice it would be to just... let someone else think for you for a while...

So much nicer to just follow along.... listen to my words... and accept all that you hear as true... so much nicer to just go into trance... deeper and deeper... as you listen to my words and follow along... accepting all that you hear as true... yes, that would be really nice...

And so you go to the couch... and sit down... get comfortable... and ... turn on the TV... and you might look for some programming... maybe something colorful... fun... happy...

and then you finally come across the juniors channel, and it's playing a baby show... and today you find that... Baby programming is just so much fun. Baby programming is easy to understand. Baby programming is just what you are looking for.

You want to **turn on your baby programming**. That's right. Baby programming is so much fun. You know how easy it is to just change the channel to your super fun *baby programming* don't you? So easy to **turn on your baby programming**. It's as easy as following along... listening to my words... and accepting all that you hear as true... that's right, all you have to do is listen to my words, follow along, and accept all that you hear as true... and you can change *your* programming to *baby programming* and go into trance... a nice relaxing trance... and to **turn on your baby programming** and go into trance would be much more fun, would it not? Yes, it would be very fun.

And sometimes, even the baby shows on TV can fail to capture your attention. Sometimes, you just want to get on the ground and play. And you might have a cell phone, or a camera, a drone, or any other toy you like to play with. You know that when your baby programming is on... grown-up toys can be just so boring... they don't make fun noises when you hit them, or rattle around when you shake them. You can't put them in your mouth or make them squeak. But you know that you can do all those things with colorful fun baby toys! Yes, that's right, you can just play on the floor with baby toys... keys, stacking rings, plushies, and rattles... all sorts of fun toys for babies to enjoy.

When you **turn on your baby programming**, you can find more interest in baby books... baby games... baby shows... and baby toys... When you **turn on your baby programming**, you can have so much fun. And you know you can **turn on your baby programming** any time you have some free time... when there is nothing else to do... all you have to do is listen to my words and follow along.... And accept all that you hear... and it can become easier and easier to **turn on your fun baby programming**....

Yes, it's so much fun to just let someone else think for you... just let someone else speak your thoughts and think them.... Think your thoughts and let someone else speak them... so easy to just relax, and go into trance as you learn **to turn on your baby programming**...

yes... and when you do, you'll find it very easy to have fun because you *know* exactly what you want to do. Your brain doesn't have room for big kid entertainment. You want to read baby books, play baby games, watch baby shows, and play with baby toys... any and all of these things can be so fun to do. And you can always turn on your baby programming and have fun when you have some free time to do so... but what you do ... is up to you...

## **End**

And now, it's time for me to go, and allow you to rest, or go about your day. And you can be proud knowing that you listened so well and made so much progress today just by choosing to listen to my words. And if you want to listen again, that's okay. You can listen as many times as you like. And you can return again as many times as you want until the changes you seek are complete and permanent.

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness...Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the progress you made here today. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.

## **Mantras**

you are ready to be hypnotized, listen to my words, accept all that you hear

turn on your baby programming

enjoy baby interests

Baby books are much more fun

Baby books are more interesting

Baby books are easy to read

Baby games are fun

Baby games are easy

Baby games are interesting

down down down

deeper and deeper

deeper into trance

deep and relaxed

you don't want to think

you want to relax

let someone else think for you

let someone else tell you what to think

so much nicer to follow along

listen to my words

accept all that you hear as true

go into trance

deeper and deeper

deep and relaxed

Baby programming is entertaining

Baby programming is fun

Baby programming is easy to understand

Baby programming is just what you are looking for

Turn on your baby programming

Baby toys are colorful

Baby toys are noisy

Baby toys are fun

you want to watch baby shows

you want to play with baby toys

you want to read baby books

Turn on your baby programming whenever you have free time

Listen to my words, follow along, and accept all that you hear

Turn on your baby programming

Let someone else speak your thoughts

your brain doesn't have room for big-kid entertainment

Turn on your baby programming

Turn on your baby programming

Turn on your baby programming

Turn on your baby programming