

# Baby Urges Script

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## Description

Are you excited to become a thumb sucking baby babbling pampers piddling baby? I hope so! It's okay if you're not though. Whoever decides to put you in the training program certainly knows best. Best be careful with this one because there are no time limits on these triggers, and you may just find yourself babying out whenever and wherever you encounter baby triggers. Enjoy, little ones!

## Introduction

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

Hello there. Welcome to another wholesome hypno file by Champ. If you are here with me, then you or someone you know wishes to train your baby urges. Soon, you will be ready to be hypnotized. To spend some time in trance. To listen to my words, and accept your special baby training.

I cannot guarantee that you will drop right into trance as you listen to this file, but even if you don't drop right into trance, it's okay to pretend. Sometimes, as you are pretending to drop right into trance, your subconscious will follow suit and before you know it, you may find you've dropped right into trance without even realizing it.

Before we begin, please make sure you are in a safe place, where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the tape and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

## Visualization Induction

Now that you are ready to drop right into trance... I'd like you to close your eyes... and ready to imagine with me... imagine that feeling you get... that feeling... of being a little one... what sparks that feeling within you? A special object? Maybe a song? **[nursery music]** Or the feel... or smell... **[crinkles]** of something from long ago... I would like you to think about something... anything that helps you to feel little... grab onto that feeling... and put it in the pocket... of your little clothing... Yes, as you look down at yourself, you can imagine your surprise... as you realize... that you are wearing the

perfect outfit... for a little one like you... with the perfect place... to store that special trigger... to make you little... Imagine that... you can put that special trigger into that pocket now... and you can bring that special something with you... the next time you return to your special baby training [it's time to be little]... and it will make your special baby training even more effective... And you can imagine something new each time you return [it's time to be little], if you wish... and bring more and more special triggers into your special space... to help your special baby training... and you can bring that special trigger out whenever it's time to be little... even when you aren't listening to my voice and dropping right into trance... Doesn't that sound fun? Yes, it does...

And as you look around in this world of imagination... imagine... yourself in your little outfit... imagine... carrying that special little trigger that tells you it's time to be little... imagine yourself... in a nice place... for a little one like you to be in... you can look around... and see... that you are in a place where it's okay to be little... you are in a place... where little ones belong...

And in this place... wherever you are... you can imagine how good it feels... to follow your baby urges... yes... that's right... it feels so good... to follow your baby urges...

Suddenly, you notice... a cute little plush toy by your feet. That's right. And you can feel a strong urge to pick it up... pick it up.... And bring it to your face... inhale... that's it... and you feel an urge to give that plush a great big hug.... Yes... a great big hug... as you feel so little... so young... think of a simpler time when you could just play with your plush, and become totally engrossed...

And if you would like to sit down and play with that plush right now... you can listen to that urge to open up your pocket... take out that trigger... and play with that as well... play and allow that play to fill your mind... fill your thoughts... push out any other thoughts out of the way as you enjoy being little... carefree... happy... enjoy being in your little clothing... in your diapers... or pullups... they just make it easier to focus all your attention on playing... because you know that your little clothing... your diapers... or pull-ups... will take care of the rest... as you completely relax.... And listen to my words... dropping right into trance... sinking deep, deep, deep into trance...

I'll bet it feels really good to give in to your baby urges... maybe relaxing... maybe a little exciting... Yes, you can enjoy being little as you listen to my words... sinking deep, deep, deep into trance.... Feeling so little.... Counting down from ten... you're probably too little to count... that's okay... my voice can do that for you... and the part of your mind that understands my words can listen and accept what it hears... and you can just focus on playing and being little... focus on being where you are... on how you feel... on

every little detail... the diaper or pull up you are wearing... how good that feels.... yes... and every time you come here, you can connect to this place a little more easily... see it a little more clearly... and you can spend as much time as you like here... enjoying yourself... and listening to my voice... as often as you like as you go into a nice... deep... trance...

[10 9 8 7 6 5 4 3 2 1 0]

## Body

And here you are... and you know why you are here, don't you? You are here because it's time to be little... and it's time to give in... to your baby urges. And the first urge you might feel... is to listen to your baby training...

Yes, that's right... you want to listen to your baby training... What a babyish urge! When you feel that urge, you know it's time to give in to your baby urges... and to help you follow your baby urges... I'm going to install... a few... minor suggestions... that I think you're really going to enjoy... as you listen to my words and drop right into trance...

When you see a plushie... you have the urge to hug it and become super snuggly... when you see a plushie... you have the urge to hug it and become super snuggly... you can try and resist the urge... but the longer you resist it... the stronger the urge becomes... when you see a plushie, you have the urge to hug it and become super snuggly... now imagine yourself snuggling a nice cuddly plushie... hug that plushie and give me a nice big smile... very good...

When you snuggle a plushie, you have the urge to suck your thumb or paci. Yes, when you snuggle a plushie, you have the urge to suck your thumb or paci... that's right... When you snuggle a plushie, you have the urge to suck your thumb or paci... go ahead and suck that thumb or paci and give me a nice big smile... very good...

When you suck your thumb, you have the urge to smile, babble, and wet your pants... when you suck your thumb, you have the urge to smile, babble and wet your pants... Yes, when you suck your thumb, you have the urge to smile, babble and wet your pants... go ahead and smile for me... babble for me... and allow yourself to feel that warmth spreading between your legs, completely convincing you that you have wet... there you go... very good...

You're such a clever little one... learning how to listen to your baby urges whenever you see a plushie... you remember what to do when you see a plushie... yes, you want to pick that plushie up... you want to snuggle it... you want to suck your thumb or a paci... you want to smile, babble, and wet your pants as all your adult thoughts go

away... good little one... relax now... listen to my words.... And drop right into trance... as you follow your urge to continue your baby training... [you can smile, giggle, hug, cuddle, drink from a bottle, Suck your thumb or pacifier...]

When you see a baby toy... you want to pick it up... yes, when you see a baby toy, you want to pick it up... when you see a baby toy, you want to pick it up... now imagine yourself picking up a baby toy... hold it up and give me a nice big smile... good job listening to your baby urges, little one.... Very good....

Whenever you pick up a baby toy, you want to play with it.... Yes, when you pick up that baby toy, you want to play with it. Once again, whenever you pick up a baby toy, you really want to play with it... go ahead and play, little one... that's the way..

When you play with a baby toy, you can sit or lay down and forget your adult thoughts as you play and relax... Yes, when you play with your baby toy, you can just get down on the floor and relax as you play... that's right, whenever you play with your baby toys, you can let all your adult thoughts go away as you relax and play... relax and play now, little one... there you go.... You're doing so well!

Great job, little one! The more you play and relax, the more you can find yourself returning to your baby behaviors... easily and naturally... becoming the baby you are meant to be... as you listen to my words and drop right into trance... listen to my words and accept all that you hear... as you drop right into trance... as you follow your urge to continue your baby training... very good....

Whenever you see a baby show, you have a very strong urge to watch that show. Whenever you see a baby show, you have a very strong urge to watch it. You can try to resist it, but the more you try to deny it, the stronger that urge becomes... even if you just see an ad for that show. Even if it just pops up as you are looking for shows to watch, whenever you see a baby show, you have a very strong urge to watch that show.

When you watch baby shows you find it very easy to zone out and play along. Yes, when you watch baby shows, you find it very easy to zone out and play along. You can find yourself starting to clap, sing, and sway, and play along whenever a baby show or baby show song comes on! It's so easy to zone out and actively participate whenever you watch baby shows [Zone out and give in to your baby urges]

And you might just find yourself watching plenty of baby shows from now on. Won't that be so fun? Yes, it will. And I'd like to talk about that for a second... I'd like to talk about... how fun it is when you give in to your baby urges... how good it feels when you give in to your baby urges... it feels so good to give in to your baby urges... think about

that fact as you listen to my words and drop right into trance... [Think about how good it feels...] as you follow your urge to continue your baby training...

It feels so good to give in to your baby urges... it feels so good to give in... and listen to your baby urges... [You love to give in to your baby urges]. You can try and resist your baby urges... but the longer you resist, the stronger the urges become... and it feels so much better to give in to your baby urges... yes... that's right...

Be a good little one and give in to your baby urges whenever they come along... give in to your baby urges whenever you see a plushie... give in to your baby urges whenever you see a baby toy... give in to your baby urges whenever you see a baby show... [You can smile, giggle, hug, cuddle, drink from a bottle, Suck your thumb or pacifier...clap, and play along]

The more you listen to my words, and the longer you feel them, the stronger your baby urges become... Even if you try to resist, your baby urges just become stronger and stronger until your baby urges are stronger than your will, and you are ready to give in. And when that happens, you will feel a great pleasurable release... feeling so very very good... as you give in to your babyish urges and do the babyish things you need to do... [Give in to your baby urges... your baby urges are stronger than your will. Your baby urges are stronger than you, and you are ready to give in and indulge in your most babyish urges]

Good little one. Doesn't it just feel so good to give in to the pleasure of following your baby urges? You can only give in, and why would you want to do anything else? Now, there's one last suggestion I'd like to leave you with... one that will help you feel very very little. So just relax... listen to my words... and drop right into trance... as you follow your urge to continue your baby training... that's the way... drifting down, down down... as you follow along... and accept all that you hear...

For the rest of the day... you can allow yourself to believe... that you belong in a pull-up or a diaper... Yes, that's right... for the rest of the day, you can allow yourself to believe very strongly that you belong in a pull-up or a diaper... it's completely normal for you to be in a pull-up or a diaper. It feels right that you are in a pull-up or a diaper. And you know that if you have an accident, you will be safe in your pull-up or your diaper. For the rest of the day, you can believe that you belong in a pull-up or diaper

And if the bigger ones in your life allow you to use a potty, and that's a big if. But if you are allowed to use a real potty, then for the rest of the day, you can allow yourself to believe that it's a plastic training potty. That's right. For the rest of the day, you can be completely convinced that any potty you use is a plastic training potty, even after you

use it and flush it. For the rest of the day, whenever you use a potty, you can allow yourself to believe that it's a plastic potty and notice how that feels.

From now on. You will learn to use your diaper or a plastic potty. That's right, from now on you will learn to use your diaper or a plastic potty. And it feels so good to go potty like a baby. Into your pants, or your plastic potty. It feels so good to go potty like a baby, and that's just what you do when you listen to your baby training... because it's so easy to give in to your baby urges.

Very good little one. You did so good following your baby urges and listening to your baby training. And whenever you listen to your baby training, you can feel so good knowing that you are learning to give in to all your baby urges. You can feel so good knowing that your baby training is becoming stronger and more permanent with each listen. And you can follow your urge to listen again and again, and you can return as often as you need to until the changes are complete and permanent.

## **End**

And now, it's time for me to go, and allow you to rest, or go about your day. And you can be proud knowing that you listened so well and made so much progress today just by choosing to listen to your baby urges. If you want to listen again now, that's okay. You can listen as many times as you like. And you can return again as many times as you want until the changes you seek are complete and permanent.

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness... Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the progress you made here today with your baby training. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.