

Binky Babbler Mini-Audio Script

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Description

Your paci triggers baby babble. Point to your paci and say that you want it, and see what happens! A perfect pairing for regression hypnos like Baby talk, talked down to, and Magic Binky.

Intro

Today, I'm going to give you a little trigger that activates whenever you see, use, or think of a binky. If you have a binky handy, you can make sure it's nearby. And if you don't have a binky, you can simply use your thumb or imagine that binky if you don't have one in your mouth already. Having a binky or imagining one will help you get into trance and slip into baby babble more quickly and easily as you listen to my words.

Induction

Now, close your eyes and relax... relax those eyes to the point where they just want to stay closed. That's it. Focus on my words... allowing your eyelids to feel heavy... more and more relaxed, easier and easier to just let them stay closed until you find that even when you try to open those eyes, they just want to remain closed. Heavier and heavier whenever you try to open those eyes... You can test that out now and see just how easy it is to leave those eyes closed. And when you find that your eyes can remain closed, you can relax and fall deeper into twance. That's right. I'd like you to make sure your eyes are closed as you go deeper into trance.

Going a little deeper into trance now, Imagine that you are somewhere familiar, somewhere safe... and you are looking for your binky... you know what it looks like... you can allow yourself to focus on the image of a pacifier, a binky. Yes, I'd like you to imagine every detail of that pacifier as you search for it... It's thick. It's rubbery... And it has a nice plastic shield to keep it in place when you suck.

You look high and low, but you can't seem to find it anywhere... and you say to yourself... that you just don't know where it is... you try to say so, but when you talk... you talk in baby babble... wow... you are so good at being hypnotized... even thinking about sucking your wonderful calming binky made you slip into baby talk... And then you realize that there is something in your mouth. And when you reach up to find out what it is... you realize... It's your binky! What a silly little baby you are... It was there all along... no *wonder* you were babbling like a baby...

And you smile, because you love your binky. Yes, your binky is so nice to suck. It helps you focus on being little and happy. It helps you feel safe and secure. Sucking on your binky can be so calming. And you start to suck, if you haven't already. That feels good, doesn't it? Yes, it does. You smile a big smile, so cute as you enjoy your binky.

I'm going to count down as you suck on your binky... And you can imagine with every suck... that you go a little deeper into trance... That's right, every suck takes you a little deeper into trance, bringing you deeper into those wonderful baby feelings... deeper and deeper... until you drop into a nice deep trance by the time I reach 0... remembering how quickly and easily you can enter into baby trance whenever you have your binky.

And you can keep sucking your binky as you get littler and littler... going deeper and deeper into trance as I count down... The more you think about little baby things like your binky, the littler and more babyish you feel... you are falling into a nice deep trance as you suck that binky, going into a nice deep trance where you can listen to my words and accept all that you hear... And you can allow yourself to drop as you listen... as you drop into a nice deep sleep on...

0.

[10. 9. 8. 7. 6. 5. 4. 3. 2. 1. 0.]

Very good.

Body

And now that you are ready to listen to my words and accept all that you hear... you can notice... just how easy it is to feel little when you think about your pacifier... yes... feeling little is a nice state of mind... that can make your thoughts simpler... as well as your words... and you may find that even your speech changes in little space... And many things can trigger that... and if you really think about it... You may find... that your paci triggers baby babble. Yes, your paci triggers baby babble. And for the next hour... you babble nonsense words like a baby whenever you talk about your binky or other baby objects.

- my paci triggers baby babble
- Seeing my paci triggers baby babble.
- Even trying to say I'm looking for my paci ends in adorable nonsense words

Your binky helps you focus on being little and happy, and that's why you should have yours handy all the time... but even when you think about getting your paci... you are already talking... like a baby... Imagine you have a paci nearby... point to it... and repeat after me:

"I wan my paci..."

"I wama pabbi..."

"Agaga gaba..."

Wow, you're talking like a baby already. And for the next hour, you can allow your pacifier to trigger baby babble... even when your mind is out of trance... because it's just so easy to slip back into talking like a baby.

End

And now, it's time for me to go, and allow you to rest, or go about your day, remembering how quickly and easily you can enter into baby trance whenever you talk about your binky or other baby objects.

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness... Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering how much fun it is to go into trance. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.

Mantras/Suggestions

- Your binky helps you regress
- Your binky makes you smile
- Your binky helps you feel safe
- Your binky helps you feel secure
- Your binky calms you down
- Your binky helps you trance
- You need your binky
- You love your binky
- Go get your binky
- Your binky is nice to suck
- Suck your binky

- Your binky makes you all cuddly and snuggly
- Your binky makes you talk like a baby
- You should have your binky with you all the time