

# **Born to be Babied Script**

by Champ ([ChampTehOtter.com](http://ChampTehOtter.com))

## **Description**

Like it or not, you're going to be babied and regressed because I know you're meant to be a baby.

## **Intro**

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

Hello there. Welcome back. You are listening to another hypnosis file from Champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

The fact that you have chosen to listen to this file means that you are ready to be hypnotized, listen to my words, and accept all that you hear. You are listening, because you or someone you know knows that you were born to be babied. And by continuing to listen you are already acknowledging that fact. Acknowledging that you were born to be babied... and going into trance...

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the tape and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

## **Induction**

And now, I want you to just relax. Yes, relax. In a moment, I'm going to begin counting.... Every time I count out a number, you're going to close your eyes, then open

them again. For example, when I say one you will close your eyes then open them. Did you blink? Let's try that together. One. Close your eyes, then open them. Very good. And as I count up from one, you can close your eyes and open them again. And as you do, you can allow your eyelids to get heavier and heavier each time you close your eyes. finding it harder and harder to open your eyes with each successive number, until it is just too difficult to open them again, or until you simply don't want to. When that happens, you can allow yourself to fall into a nice deep trance as you focus on my words, deeper and deeper as I continue to count. And you will be in a nice deep trance, even more ready to listen to my words and accept all that you hear.

[Here we go. One. Close your eyes. And open your eyes. Two. Three. Four. Five. And you may notice... Six. That it is becoming.... Seven. A little harder to open those eyes... Eight. Eyes a little heavier.... Nine. each time... Ten. heavier with each blink... Eleven... Twelve... Thirteen. until you find... Fourteen... you just want to... Fifteen. Let those eyes stay closed... Sixteen. and keep listening... Seventeen.deeper and deeper... Eighteen.... Nineteen. Very good... Twenty. Nice and deep.... Twenty-one. Deep deep sleep... Twenty-two. Eyes closed... Twenty-three... Twenty-four. nice and relaxed... Twenty-five. in a nice deep trance... Twenty-six. very good... Twenty-seven. deeper and deeper... Twenty-eight. very good... Twenty-nine. deeper and deeper... Thirty. Nice and relaxed, in a nice deep trance.

## **Body**

And here you are... and you know why you are here, don't you? Yes, you are here, because you were born to be babied... That's right, little one. You were born to be babied...

I hope that doesn't surprise you... it certainly doesn't surprise anyone else, no it doesn't. It's as plain as the nose on your face that you were born to be babied... Give me a little smile and nod if you understand...

Very good... and is that happy smile? Or a bashful one?

Either way, it's very cute, little one, just like you. And if that feels good to hear, it's only because you know it's true. Yes. You are very good at going into trance and listening to what I have to say... listening and believing... very good indeed... and so you *know* in your heart of hearts that you are meant for baby treatment.

Baby treatment is what you need. Baby treatment is what you deserve. It's who you are... And you know why you need and deserve to be babied... I don't have to tell you...

And the fact that you're listening and accepting my words, tells you that it must be true... why else would you be here... in a nice deep trance... listening and following along... to the truth? Give me a nod to show me you are listening and understanding... good... then we are in agreement, little one.

Now that we are in agreement, I would like you to close your eyes and imagine... little ones are very good at that, aren't they? Yes, they are....

Go ahead and relax, close your eyes... drop... deep deep down into deep trance... nice deep sleep.... Down down down... where you can listen to my words... listen and imagine them on the screen of your mind.... Good...

I've been thinking... and I'd like you to think along with me... about what it feels like to be babied... think of a time, any time, when you were treated like a baby... it can be real or made up... or even from a dream... imagine that scenario, and more importantly imagine that feeling... that comes along with being babied... yes... there you go... you got it...

It's a unique and special feeling when we get babied.... It can make us smile... or blush... it can cause many reactions, but it's always memorable...

I'd like you to imagine yourself.... In a kitchen... facing a high chair at about stomach height.... There is a playpen in the room behind you.... And as you look in the high chair... you know that it is meant for you.... Yes... it's meant for you, but it's baby sized... surely you'll never fit... will you?

The high chair is 10 steps away... And even though you feel silly doing so... even though you may have flutters in your tummy... you can take a step closer to see... hold on a second...

As you take another step, you may suddenly notice that the closer you get.... The bigger the high chair gets... and as you take a third, you find that the high chair is now at about chest height... and then even taller... and as you step closer and closer... you realize that you can easily fit in this high chair...because it's very tall and big now.... Or are you.... Very small?

And as you look around, you realize.... That the kitchen is much bigger now.... Or you are smaller... and you find that you are being helped into the high chair by your very special babysitter or caretaker...

You might notice your stomach growling as you realize what time it is... yes, it's time to eat... And you know that there's only one way for someone like you to eat... and that's to eat like a baby... that's right... you have to eat like a baby... because that's the proper way for someone like you to eat...

And you can imagine yourself being fed like a baby... open wide... very good.... Accepting your baby destiny with each bite... There we go... mmm mmm nummies... that's right... this is where you belong... Going deeper into trance with each bite.... and you can taste the flavor of your baby food as you swallow it down... swallow down your pride and any pretense of being an adult...

And when you finally finish your meal.... You'll find... that you've completely accepted this new change in your treatment... accepted that you'll be fed this way from now on if that's what the adults decide... because you were born to be babied...

And as you are let out of the high chair, and brought over to your playpen, you realize that you are still so tiny... so small... and you need to be put in a diaper... is it because you wet? Were you diapered? No matter. Whether you were being good and diapered, or whether you thought you were big enough for undies, that ends now. It's time to get you padded up and in your playpen...

Yes, and as you are laid down for your change, you can allow yourself to reflect on where you are... here... with me... and you know what that means, don't you? It means that you're already ready to accept who you really are... Accept... that you were born to be babied... the feel of that thick cushy diaper under your bum so familiar now as you are diapered.... With plenty of oil and powder to keep your skin protected.... And you can bask in the feelings... the sounds... the fresh baby scents of being diapered... that's it... so nice... and so easy to accept this as your everyday experience from now on...

And as your diapering is finally finished... and the diaper taped snug... you're given a kiss on the tummy... and set in your playpen... with your toys... and your favorite baby show on the television... it's baby time... and you can feel good knowing that you're where you belong... because you were born to be babied....

Closing your eyes now and dropping deep into trance... down down down.... Deep deep sleep.... Nice and deep... nice and relaxed... listening to my words...

And for the rest of the day it will be very easy to feel babied and little... and you'll be very aware of even the slightest babyish treatment of you... whether it's explicit baby talk... or even the smallest smirk on the lips of someone talking to you... whether you're being fed a bottle... or just offered a drink of apple juice or something a little bit kiddish... it's all part of your baby treatment... and you can enjoy being treated like a baby for the rest of the day...

**End**

And now, it's time for me to go, and allow you to rest, or go about your day. And you can be proud knowing that you listened so well and made so much progress today

just by choosing to listen to my words. And if you want to listen again, that's okay. You can listen as many times as you like. And you can return again as many times as you want until the changes you seek are complete and permanent.

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness... Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the progress you made here today. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.