

## Forget You Wet Script

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**Description** - Makes the listener stop noticing their wet diapers, requiring them to leak or physically check to know if they're in need of a change (because you just wet so often, it isn't even worth remembering or thinking about!)

### Introduction

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

Hello there. Welcome back. You are listening to another erotic hypnosis file by Champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

The fact that you have chosen to listen to this file means that you are ready to accept that you don't always know when you wet. As you listen to this file again and again, you may find it more and more difficult to know if you need a change without a diaper check. More often than not, you may find that you really *do* need a diaper change, and you don't even remember wetting. If that is what you want, then listen on, and you can experience wetting and forgetting for yourself.

Before we begin, please make sure you are in a safe place, where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. To make this file completely effective, be sure to drink plenty of water and wear a diaper whenever you listen to this file to avoid wetting the furniture or your clothes while you are under. If you are okay with wetting your pants or the furniture, that's okay too, as long as you are able to relax, and follow along. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, pause the recording and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

### Induction

And now, it is time for you to lie back, relax, and listen to my words. Just listen and follow my words as we gently wind our way down the path to trance. And as you listen,

and as you feel yourself nearing that wonderful state of trance, you can feel yourself approaching a place where you can accept the changes that you *want* to happen. Yes, you want these changes to happen, and I am here to help you experience the changes you desire as you listen to my words, as you begin to relax... more and more, as you enter a nice deep trance and allow your mind to absorb my suggestions. That's it. Very good.

### **Blink Induction**

And now, I want you to just relax. Yes, relax. In a moment, I am going to count to 30. Every time I count out a number, you're going to close your eyes, then open them again. For example, when I say one you will close your eyes then open them. Did you blink? Let's try that together. One. Close your eyes, then open them. Very good. And as I count up from one, you can allow your eyelids to get heavier and heavier each time you close your eyes. finding it harder and harder to open your eyes with each successive number, until it is just too difficult to open them again, or until you simply don't want to. When that happens, you can allow yourself to fall into a nice deep trance as you focus on my words, deeper and deeper as I continue to count to 30. Even more ready to listen to my words and accept all that you hear.

Here we go. One. Close your eyes. And open your eyes. Two. Three. Four. Five. Six. Seven. Eight. Nine. Ten. Very good. Eleven. Deeper and deeper. Twelve. Very good. Thirteen. Deeper and deeper. Fourteen. Good. Fifteen. Deeper and deeper. Sixteen. Seventeen. Eighteen. Nineteen. Twenty. Twenty-one. Twenty-two. Twenty-three. Twenty-four. Twenty-five. Twenty-six. Twenty-seven. Twenty-eight. Twenty-nine. Thirty. Nice and relaxed, in a nice deep trance.

### **Water Relaxation Deepener**

Just listen to my words and relax. You can close your eyes if you haven't already done so. And as you close your eyes, and relax, you can imagine that you are surrounded by very shallow warm water. So nice. So relaxing... you can hardly tell where your the water begins... and your body ends... you can just let everything go in water like this... let everything go, relax any tension in your body, and let it flow away with the water as the gentle water brings you deeper, deeper into trance.

You can imagine water now, trickling down. Down through your muscles, deeper and deeper, and imagine that everywhere the water touches begins to relax, as the water flows down, down past your head, over your shoulders.... Your chest.... your stomach... down toward your hips, and your diaper. And as the water goes down past your hips, you can feel all the tension in your lower body begin to dissolve away. Your stomach... your bladder, letting that pelvic floor drop as you fall into a nice deep

trance...as you feel wonderful relaxing warm water flowing down your legs, your thighs, your calves and your ankles, and over your feet and your toes, leaving you with a nice, warm, calm feeling of satisfaction. Feeling so nice, so good, now that you realize you no longer feel the urgent need to pee. You are fully relaxed now.. Ready... to go deeper... Deeper and deeper... until you finally reach your destination on the path to trance.

## **Body**

And here you are. And you know why you are here, don't you?

Yes, you are here because you want to **forget when you wet**. Yes, you want to **forget when you wet**. You want to be taken completely by surprise every time you check your diaper... only to realize that you wet, and you didn't even know it.

I'll bet you felt something when I mentioned the idea of checking your diaper... and finding, to your surprise... that you are wet... and you didn't even remember wetting...

it's easy to **imagine**, isn't it? **Imagine** yourself... listening to my words... and checking your diaper... and finding... that **you are wet**... That's right, **you are wet**, and **you don't remember** when or how it happened.

How does that make you feel? ...Maybe that feels good. Maybe that feels a little embarrassing. Maybe even a little exciting. **It can be very surprising when you check your diaper and realize you are wet**, can't it? But I guess that's why **you are in diapers**. Yes, **you are in diapers** because it's just so **easy to forget when you wet**.

You are here... to **forget you wet**... And because you are here... it's very easy to **listen to my words**, as you go into a nice deep trance... **listen to my words** and allow them to make a few changes here and there... **listen to my words**... until you are no longer aware of when you wet.

Repeat after me three times: **I must remember to forget when I wet. I must forget to remember when I wet. I'm not aware of when I wet.**

**I must remember to forget when I wet. I must forget to remember when I wet. I'm not aware of when I wet.**

**I must remember to forget when I wet. I must forget to remember when I wet. I'm not aware of when I wet.**

Very good. And you can relax now... drop into trance... relax and listen to my words...

**Whenever you need to wet... you can relax and forget... you can just relax and forget** all about it. Your body and your diaper will take care of it... and you can **let your attention wander elsewhere** because there are other important things to focus on.

**Whenever you start to wet... you can relax, and forget...** You're relaxed... the urine is going into your diaper... your body and your diaper are taking care of it... and you can **let your attention wander elsewhere** because there are other important things to focus on.

**Whenever you are wetting, you can just relax and forget...** Your body and your diaper took care of the problem... so you can set that thought aside, store it in the back of your mind for later, and you can **let your attention wander elsewhere** because there are other important things to focus on.

**Wetting and forgetting is normal and natural.** Wetting and forgetting is so easy to do. You can just let any sensation that you are peeing or are about to pee to just pass on by as your mind files that sensation away and releases your urine... into your diaper.

And every time you listen to this file it will be **easier to forget, easier to relax and wet....** and just let the changes from this file take hold as it becomes easier and **easier to forget... easier and easier to relax and wet.** That's right. Even when you didn't realize you had to wet. Even when you didn't mean to wet. Easier and **easier to forget.... Easier and easier to relax and wet... and let your attention wander elsewhere** as soon as you wet. **Easier and easier to relax and wet without even thinking and let your attention wander elsewhere. easier to forget... easier and easier to relax and wet** until you remember to forget you wet.

### **Fractionation Deepener**

Now I would like you to just relax. In a minute, I will count to three and bring you up out of trance... just enough for your conscious mind to listen and respond to my words. Then, when I count back down to one and say sleep, you will return into a nice deep trance. As deep or deeper than before. Ready to listen to my words and accept them as true.

Coming up to a lighter trance on the count of three – one two three. Up... Very good. I'm going to teach you another special trick to help you forget you wet. I'll teach it to you while you are under deep trance, and when you awaken, you can forget all about it. Just like you forget you wet. Are you ready to continue your hypnosis? Good. Let's continue.

Counting down from three you will return to a deep trance where you can listen to my words and accept them as true. Three. Two. One. Sleep. Nice and deep. Very good.

### **Memory Box**

Close your eyes and relax. Relax and drift into trance. And as you lay there, relaxed and calm, calm and relaxed, I would like you to imagine a room in your mind... a

room...where memories are stored. And one wall in the room... is all drawers... drawers to store those memories away... the memory archives... I would like you to walk over to that wall...

And you can open the first drawer you see... and find that inside the drawer is a blank box... ready... waiting for a special kind of memory to be stored there. Notice this box... investigate it closely... It's a special box, which only you can open... and it is special because it keeps memories hidden away from your conscious mind... stored away for safekeeping... so your mind is not cluttered with unimportant information...

Open this box now and collect that part of your mind that remembers you wet your diapers and put it into the box. Any part of your mind and your memories connected to remembering you wet goes into the box. That's right, the parts of your mind and memories connected to wetting your diapers can go into the box.

Once you've put your memories of wetting into the box, You close the box. And as long as that part of your mind remains in the box, your conscious mind will find it very easy to forget you wet as all those memories go right into that box automatically... freeing up your mind to focus on more important things.

Even though your subconscious will still remember, it will become so easy for your conscious mind to forget that you wet. So easy to forget that you can't be sure that you remember wetting at all. And the harder you try to focus on whether you remember wetting your diapers, the more you will become focused on the fact that you simply can't remember.

And for the rest of the day, it will be very easy to forget you wet. You can just allow yourself to get distracted and think of other things until you forget you wet, if you ever noticed wetting in the first place.

And now, you can put your memory box back into the drawer, and close it. Excellent. And it's okay for you to forget about this box and what might be inside it for now. It's not really important. All that matters is that you listened to my words, and you did such a great job following along.

You can leave the room now, knowing that you can come back at a later time if you should need to, but you probably won't. After all, you have things to do, and you are well on your way to becoming the talented diaper wetter and forgetter you want to be.

And you can return to this file again and again, allowing yourself to become less and less aware that you are urinating in your diaper each time you listen. And you can continue to listen to my words until you always remember to forget you wet.

## **End**

You did so good listening to my words. Now it's time for me to go, and allow you to rest, or go about your day. And you know you can return again as many times as you want until the changes are complete and permanent. On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed.

One...beginning to regain your normal awareness...

Two... becoming more aware of your body, lying in a relaxed position...

Three ...becoming more aware of your breathing, and where you are....

Four... feeling so, so good as you finally come back on...

Five... All the way back, refreshed, and alert remembering all the progress you made here today.

I hope you enjoyed your time with me, and I hope you come back to listen again soon. And don't forget to check your diaper to make sure you're still dry. You never know. Goodbye now.

## **Subliminal**

Say Mantras 3x

## **Mantras**

- **Let your attention wander when you wet**
- **You wet without knowing**
- **Relax and forget when you need to wet**
- **Remember to forget when you wet**
- **Forget to remember when you wet**
- **You are no longer aware of when you wet**
- **You couldn't tell when you wet**
- **There's more important things to focus on**
- **Listen to my words and go deeper into trance**
- **Forget when you wet**
- **You're in diapers, it's okay**
- **Relax and forget whenever you need to wet\***
- **Relax and forget whenever you start to wet**
- **Let your attention wander elsewhere whenever you wet\***
- **Let your attention wander elsewhere whenever you're wetting\***

- **Wetting and forgetting is normal and natural; whenever you are wetting, you can relax and forget**
- **Every time you listen to this file, it's easier to forget, easier to relax and wet**