

Regression School Audio Script

by Champ (<https://champtehotter.com/>)

Description

You don't notice that you went to the wrong school. You don't notice that you're zoning out as the teacher talks. And you definitely don't notice as you wake up wearing an adorable sailor uniform for school and are now enrolled for good... -Suggestion from Kami Yamibushi

Intro

This file is intended for adults 18 or older, so if you are a minor, please stop the recording and go elsewhere.

You are listening to another hypnosis file from Champ. If you are here with me, then you must want to be hypnotized. That means you are ready to spend some time in trance, listen to my words, and accept all that you hear.

I cannot guarantee that you will go into trance as you listen to this file, but even if you don't immediately go into trance, it's okay to pretend. Sometimes, as you are pretending to go into trance, your subconscious will follow suit and before you know it, you may find you have already entered a state of trance without even realizing it.

Before we begin, please make sure you are in a safe place where you can relax and listen to my words uninterrupted. A reclining position is best, where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words. If you need time to prepare yourself to listen to my words uninterrupted, please pause the recording and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.

Induction - Bus Trip

In this file, you will go on a journey. A journey to school. You remember going to school, don't you? Yes, we've all been to school, or seen a school on TV, and it's easy to imagine going to school now. Let's close our eyes and imagine ourselves... at a bus stop... Excited for our first day... at a new school... for people who are older... it's your first time going... And you can imagine just how you feel as you anticipate the bus coming to pick you up...

How do you feel as you wait for the bus? Maybe you're excited... maybe a little bit nervous... for this new experience...

And as you wait, you can feel yourself going into a bit of a trance... [deeper and deeper... as you think about your first day of school... deeper and deeper... down down down... nice deep sleep... as you wait for the bus... in a nice deep trance...]

Then... you look up... and to your surprise... the bus is right in front of you... It's so big and colorful... unlike any school bus you've ever seen... When did it get there? You don't remember, do you? It must be a special bus for your special new school...

You step on the bus... and notice that the students are... a little bit younger than you expected... but when you catch a glimpse of yourself in the driver's mirror... So are you... or is that the age... you always were? It's hard to be sure, isn't it? Oh well, it's probably fine...

You sit down, and you are on your way... and as the wheels on the bus go round and round... Everyone sings that fun song you know and love... and you can sing along too... [going deeper and deeper into trance as the wheels go round and round...] the wheels and the bus go round and round, round and round, round and round, the wheels on the bus go round and round... all through the town...

Body

And here you are... finally at your destination... this is your stop... time to get off... Surprised you got here so fast? You must have dozed off... [you must have tranced out]... you step off the bus... and then you notice the name of the school... kiddie care kinder school... hmmm... that's strange... you could swear that you were supposed to go to a different school... but you're not sure, are you? In fact... you can't really remember *what* school you were supposed to go to, can you?

No matter, if it's the wrong school, it'll all get sorted out later.

And as you walk into the school, you can appreciate just how colorful the school is. Yes, it's very colorful and fun... these big kid schools are really fun, aren't they? Yes they are...

And you get into your first class... and you notice there are no desks... Instead, there's a big carpet on the floor, where everybody sits... the friendly teacher greets you by name as you come in... [how did the teacher know your name?] and you smile as you sit on the carpet... School is going to be so much fun... you can already tell...

And as you sit there, the teacher tells you all it's story time... that's right, it's story time... and all the good little ones should listen up... listen to the teacher... and go into trance as the teacher tells you a fun little story...

There once was a little one that went to school... the longer they went... the less that they knew... they grew happier, cuter, and littler too... and went into trance... as little ones do... [going deeper and deeper... regressing more and more.... Deeper and deeper... nice deep trance.... Deep deep sleep... nice deep sleep... down down down... regressing more...]

And as you wake up from your trance.... And look around... you may notice... Everyone around you has poofier pants... and they crinkle as they shift on the carpet... and then you look down and realize... your sailor uniform is bulging a bit more than you remember.... And you can feel that your underwear is poofy... and crinkles whenever you move...

Wait a second... Did you come to school in that sailor uniform? You're not sure, are you? It's hard to remember... It's a little short, but... it seems normal enough... maybe it's shorter for easier changes... that must be it...

And when you ask the teacher about it, they confirm that you're right where you're supposed to be. You're enrolled in your new school... and you'll be going here for a long long time...

You smile... Yes, you're exactly where you're supposed to be... and you know that you're going to have so much fun... at your new school... and you can imagine... all the fun new things you'll see and do... while you're here...

End

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed. One ...beginning to regain your normal awareness... Two... becoming more aware of your body, lying in a relaxed position... Three... becoming more aware of your breathing, and where you are... four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the fun you had here today. I hope you enjoyed your time with me, and I hope you return to listen again soon. Goodbye now.