

Rules Hypno: Daddy's House 3

This file is for adults only. If you are under 18 please go elsewhere.

Alright little one. Welcome back to Daddy's house. This file will give you six rules to follow so you can be a good little toddler for your caretaker. Whether you're here because you chose to be here, or you're here because someone sent you to Daddy for a little visit, you're really here because you need discipline. You need that guiding hand in your life to keep you on the right track, and make sure you're being the good baby you're meant to be. That's fine. Daddy understands that need, Daddy understands that being an adult and making decisions is difficult. But you don't have to make decisions any more. All you have to do is be a good little one while Daddy makes all the important decisions for you.

All you have to do is listen to my words as I guide you into a nice relaxing trance where you can learn how to be a good little baby for your caretaker, and imagine your life as Daddy's good little toddler. Would you like that, little one? Yes, you would.

Before I tell you your new rules we have to make sure baby is ready to go into trance. Let's go through the list. Are you wearing your diapers? Are you secured and safe so that you can't fall down or be interrupted? Have you eliminated any grown-up distractions such as cell phones and messaging apps that could interrupt your time with Daddy? Are you wearing your hypno headphones for maximum effectiveness? Be a good baby and pause the recording if you have to, until you are sure you're ready to listen to my words and go into a nice deep trance. Are you ready to go into trance? Good.

Now that you're ready to be hypnotized, just close your eyes, and begin counting down from 10. And as you follow each number down, you can trace it in your mind. Imagine there is a finger drawing out those numbers over and over. And as you follow the path, you can feel yourself sinking deeper into trance with each number. Twice as deep with every single number.

10. A nice light trance a one. And a 0. Going over and over. Waiting to go deeper. 9. A little deeper now, as we circle the 9 around and around. 8 Deeper still, tracing two circles over and over. Around and around. Deeper. And deeper. 7, Going right. And dropping down into trance. Nice deep trance. There you go. Very good. 6. The circle is on the bottom now, spiraling down down down to the deepest depths of your conscious mind. 5. two straight lines floating above your conscious mind, and a hook dipping down below the surface, right into your sub-conscious mind. 4. Tracing a line that bounces around deeper and deeper into the sub conscious, the place that accepts all that you hear as true. 3. Two curves preparing you to be a good baby for Daddy as you fall down deeper to 2. The curve hits the bottom of your subconscious and rolls along the floor 1. Dropping straight down that floor to circle 0. Circling around and around a hole in your subconscious. The hole becomes bigger and bigger as the circle widens. Bigger and bigger until you can walk right through it. And there you see a door into trance. That's right, little one. The door to Daddy's house.

And you can knock on the door. KNOCK KNOCK KNOCK. And you can notice that the door is already slightly open. You can just place your hand on the door and push. And the door falls open so you can walk through. And as you look around on the other side of that door, you can see that nice familiar room. Yes, a comfortable room that reminds you of happy memories from when you were little. It could be a nursery. Or maybe a living room. Maybe a bedroom. Or even a daycare room. Any room that helps you feel so little. Reminds you what a good little baby you are. You can smell the familiar babyish smells that you love so much. You can feel that comfort of being back in Daddy's house where you know you are meant to be. And you can see Daddy waiting there for you with a big big smile. Hello little one. I'm so happy to see you. And I have something to tell you. And you know that whatever I tell you is true, because you wish it to be so. That is why you are here. Why else would you be here in Daddy's house? You are here because you want to learn the truth. And the truth is...

You want to be a good baby for Daddy. That's right, you want to be a good baby for Daddy. And from now on, a good baby is what you are. Yes, that's right, from now on, you're just a toddler. And you will do as all toddlers do, including using diapers, drinking from bottles, eating in a high chair, and having a babysitter. Anyone older than a toddler is now an adult to you. And you know that good babies listen to adults, because adults make the rules. And you want to be a good baby.

Even if you don't want to be a toddler. Even if you think you're too big, and you feel embarrassed and ashamed that you can't have your adult life back, you know you can't avoid it. This is just how it has to be. You are just not ready for adult responsibilities, and that is why you are here with me. Because you need to be put back into diapers and start over as a toddler.

In a moment, you will learn the six rules to be a good baby. After I tell you a rule, I will explain the rule. All you have to do is listen and repeat the rule back to me. And I know you are a good listener and I know you will be able to listen to what I say and you will remember how to be a good little toddler.

Rule number one – Good babies are polite and respectful to grownups.

They do what grownups tell them. No bad words. No fussing or talking back. No interrupting or speaking out of turn. No arguing with bedtimes or naps. Good babies never resist being diapered or changed. And most importantly, they never ever lie about their diapers. And neither will you. That's right, it's so easy to accept that you are a good baby and that you need your diapers. Whenever anyone asks, you can just tell them that you wear diapers because you need them.

Can you repeat rule number one back to Daddy in your own words? Go ahead and tell me in a few words what the first rule is.

Very good, little one. You are so smart. And you can follow this rule from now on because you want to be a good little baby, don't you?

Rule number two – Good babies use baby talk.

It's easy to remember that toddlers don't speak like grown-ups, and you don't want to talk like a big boy or girl, because you want to be a good baby. And if you want to be a good baby, you will make sure to address Daddy as Daddy and all other adults by their proper titles. You will refer to yourself by the correct name or pronoun given by your big. If Daddy or Mommy says you are his little princess, you are his little princess. If Daddy or Mommy uses the baby version of your name, so will you. Because you know that the grown-ups know best. If you're a good baby, you will talk like a toddler from now on, otherwise, you might just get the pacifier.

Can you repeat to Daddy what rule number two is? Good.

Rule number three – good babies let Daddy or Mommy dress them.

Toddlers can't put on and take off their own clothes. And toddlers don't get to decide what to wear. So from now on, you will never dress yourself, remove your clothes, or check your own diapers. You know that good babies just don't do that. And toddlers don't get embarrassed by wearing baby clothes or accessories. They don't attempt to hide anything Daddy gives them or makes them wear, even in public. And you want to be a good baby, so you won't complain and you won't attempt to hide anything daddy gives you or makes you wear. You won't remove your pacifier once it is put in unless an adult takes it out. And if you are put in a chastity device, you will know that it is there to help you be a better little, and you won't try to tamper with it or get at your diaper area. Good babies just don't do that. And you want to be a good baby. So you will wear what you are put in without any complaining. It's easy for you let your caretaker dress you, and accept any clothing or accessories your caretaker puts on you because you are a good baby.

Can you repeat rule number three for Daddy? Very good.

Now I would like you to just relax. In a minute, I will bring you up a little bit, wake you up just enough for your conscious mind to hear my words. Then, when I say sleep, you will return into a nice deep trance. As deep or deeper than before. Ready to listen to my words and accept them as true. Coming up to a lighter trance on the count of three – one two three. Very good. You're being such a good little one for Daddy. You have heard three rules that you will follow to be a good baby. First, you will be polite and respectful to grown-ups. Second, you will speak like a baby. And third, you will let an adult dress you in whatever they think is best. I wonder if you can imagine what a good baby you will be when you learn to follow these rules all the time? Imagine yourself... dressed by daddy... in your cutest outfit... talking baby talk... and letting Daddy check your diapers, feed you, put you down for a nap. That will be so nice, won't it, little one? So much better than being an adult. There are just three more rules to learn to be the

best baby you can be. So let's continue. On the count of three you will return to a deep trance where you can listen to new rules and accept them as true. One. Two. Three. Sleep. Nice and deep. Ready to follow along and learn how to be a good baby for Daddy.

Rule number 4 – good babies keep their hands to themselves.

Good babies don't touch their diapers, and they never touch their naughty bits without permission. Babies don't feed themselves unless they are told to do so, and when they do, they eat with their hands. And you want to be a good baby so you will never touch your naughty bits without permission. You will never touch your diapers without permission. You will never remove your clothes or check your diapers unless you are allowed to do so.

Can you repeat the rule to Daddy? Good.

Rule number 5 – Good babies use their diapers for everything.

Toddlers aren't allowed into the restroom on their own. The restroom is dangerous for babies, and the toilet is off limits. Good babies don't use the potty. Good babies use their diapers whenever and wherever they have the urge to go. Good babies wait for adults to check their diapers, or if they know they need a change, they find an adult and tell them using baby talk. And you want to be a good baby, so you will use your diapers whenever you need them. You will not hold in your pee or poop to avoid embarrassment. You will just let it go – even if it leaks, and even if you're around other people because you are just a toddler who can't control what comes out of their body. And you will never enter the bathroom without an adult.

Can you repeat the rule for Daddy?

Rule number 6 – You will be supervised at all times.

You may not be in a room alone without being in a crib, a highchair, a playpen, or being otherwise secured. You will hold an adults hand at all times in public, especially when crossing the street. We don't want you wandering off and getting lost or hurt. You will give all your adult items up to your caretaker including your phone, wallet, etc. You will only play with the baby toys that mommy and daddy give to you, including cell phones and other big boy/girl things. You will only watch Daddy-approved programs on TV. And adults will be in charge of your bedtimes and naptimes. That is the way it has to be.

Can you repeat the rule for Daddy?

Very good. On the count of three we will bring you up again to listen rules 4, 5 and 6, then we will return you to trance once more. One two three, coming up just enough to be aware of my words and respond if needed. You've done such a great job at listening. You have heard three more rules that you will follow to be a good baby. Rule four, you will keep your hands to yourself and away from your diaper area. Rule five, you will use your diapers for everything

without hesitation. And rule six, you will be supervised at all times. Good babies don't touch their diapers or try to feed themselves. Good babies use their diapers for everything, and babies are always supervised to make sure they are staying safe and good. And you want to be a good baby for your caretaker! Now we can continue. On the count of three you will return to a deep trance. One. Two. Three. Sleep. Nice and deep.

You will follow all the rules of being a good baby. You will behave like a good baby. Speak like a good baby. Dress like a baby. Use your hands like a good baby. Use your diapers like a good baby. And you will be supervised like a good baby. And if you are ever bad, you will have to be punished. And nobody wants that.

You might be given corner time, spankings, enemas and suppositories, whatever will help you to be a better little one.

But now, it's time for you to go to sleep, and leave the world of Daddy's house, and dream of times when you are bigger, and you can go about your day and do whatever you need to do. Or you can pause this recording, and rest a little longer, enjoying the lingering feelings of your time at Daddy's house, as you relax in your crib.

On the count of five, you will awake from your nice relaxing trance feeling alert and refreshed. One...beginning to regain your normal awareness...Two... becoming more aware of your body, lying in a relaxed position... Three ...becoming more aware of your breathing, and where you are....four... feeling so, so good as you finally come back on... 5. All the way back, refreshed, and alert remembering all the fun you had with Daddy. I hope you enjoyed your time with me today, little one. I know I did! And I hope you come back to visit me soon, so we can have more fun. Goodbye now!